



New City Primary School

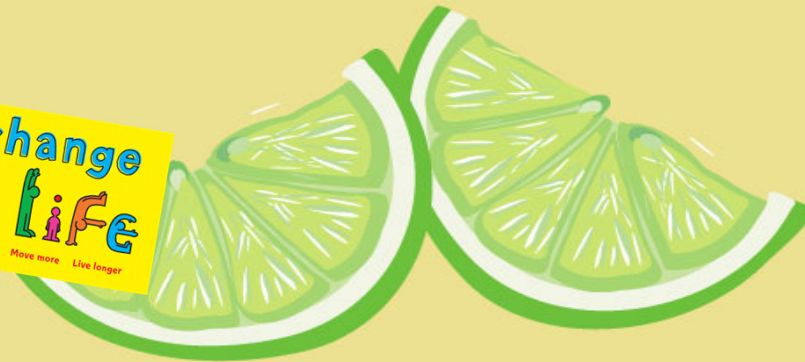


Week Beginning: 31/10, 28/11, 9/01, 06/02, 13/03

Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	Sausages with Onion Gravy & Mashed Potatoes	Lamb & Vegetable Tikka Masala with Rice*	Roast Chicken* & Stuffing with Roast or Boiled Potatoes	Cottage Pie (Lamb)*	Fish Fingers with Potato Wedges
Vegetarian Choice	Spanish Omelette with Wholemeal Baguette & Salad	Jacket Potato with Cheese*	Roast Vegetable Pie with Roast or Boiled Potatoes*	Cheese & Tomato Pizza	Mixed Bean Burrito with Salsa & Potato Wedges
Vegetable Selection	Sweetcorn	Peas	Sliced Carrots	Mixed Vegetable	Baked Beans Peas
Dessert	Strawberry & Vanilla Mousse	Apple Crumble with Custard*	Rice Pudding with Jam*	Chocolate & Orange Sponge with Chocolate Sauce*	Fruit, Jelly & Ice Cream

Daily Selection also includes :
Salad Bar , Fresh Fruit, Yoghurt, Cheese & Biscuits
Selection of Sandwiches. Additional bread .



All meat served is Halal
 All fish from sustainable sources
 *indicates 'home made' dish
Items subject to availability





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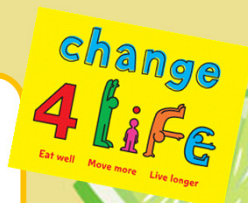


Week Beginning: 7/11, 5/12, 16/01, 13/02, 20/03.

Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	Lamb Burger in a Burger Bun with Salad	Chilli Con Carne (Lamb) with Rice & Tortilla	Roast Lamb with Roast or Boiled Potatoes	Spaghetti Bolognese (Lamb)	Cod Fillet in Batter with Chips or Mashed Potatoes
Vegetarian Choice	Chick Pea & Potato Curry with Rice*	Quorn Frankfurter Hot Dog Roll with Onions	Veggie Casserole with Roast or Boiled Potatoes *	Two Cheese Wholemeal Hoagie Melt with Peppers & Onions	Cheese & Onion Slice with Chips or Mashed Potatoes
Vegetable Selection	Broccoli	Cauliflower	Cabbage Sliced Carrots	Country Mix Vegetable	Peas Baked Beans
Dessert	Raspberry Ripple Ice Cream Sponge Roll	Banana Cake with Custard*	Orange & Mango Fruit Smoothie	Oat & Raisin Cookie	Fruit Salad with Yoghurt Ice Cream

Daily Selection also includes :
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Selection of Sandwiches. Additional bread .



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Week Beginning: 14/11, 12/12, 23/01, 27/02, 27/03.

Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	Cod & Salmon Korma with Rice	BBQ Sausages with Mashed Potatoes	Roast Chicken * & Stuffing with Roast or Boiled Potatoes	White Fish Bake with New Potatoes	Fish Fingers with Potato Wedges
Vegetarian Choice	Tomato & Pepper Pizza	Vegetarian Shepherd's Pie *	BBQ Veggie Burger in a Wholemeal Bun with Potato Wedges	Jacket Potatoes with Cheese	Vegetarian Chilli with Rice & Tortilla
Vegetable Selection	Green Beans	Mixed Vegetables	Fresh Seasonal Vegetables	Sweetcorn	Peas Baked Beans
Dessert	Chocolate Mousse	Dorset Apple Cake with Custard*	Fruit Flapjack & Crème Fraiche	Orange & Lemon Sponge with Custard*	Fruit, Jelly & Ice Cream*

Daily Selection also includes :
Salad Bar , Fresh Fruit, Yoghurt, Cheese & Biscuits
Selection of Sandwiches. Additional bread .



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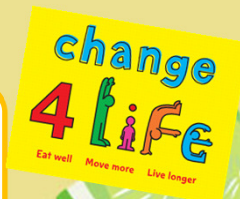
Week Beginning: 21/11, 03/01, 30/01, 06/03.



Menu Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	Southern Seasoned Chicken with Mashed Potatoes*	Lamb & Vegetable Jolloff Rice*	Roast Lamb with Roast or Boiled Potatoes	Chicken Meatballs with Pasta & Tomato & Basil Sauce	Fish in Batter with Chips or Mashed Potatoes
Vegetarian Choice	Butternut Squash Macaroni Cheese*	Vegetarian Spaghetti Bolognese*	Quorn & Sweet Potato Curry with Rice and Naan*	Wholemeal Leek & Tomato Quiche with Roast or Boiled Potatoes*	Quorn, Cauliflower & Broccoli Bake with Chips or Mashed Potatoes*
Vegetable Selection	Baked Beans	Mixed Vegetables	Cabbage Sliced Carrots	Sweetcorn	Peas Baked Beans
Dessert	Chocolate Sponge Ice Cream Roll	Peach & Pear Crumble with Custard*	Fruit Cheesecake*	Raspberry & Coconut Sponge with Custard	Scotch Pancakes with Fruit & Ice Cream

Daily Selection also includes :
Salad Bar , Fresh Fruit, Yoghurt, Cheese & Biscuits
Selection of Sandwiches. Additional bread.



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